



# PILATES, YOGA & BODY MIND

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## O'LIVE PILATES MAT

Made of NBR foam, free of toxic substances, and overall a softer material with good elasticity and adaptability characteristics ideal for activities like Pilates. Metal ring eyelets.

**REF.:** CLO2600  
**Dimensions:** 61 x 1 x 182 cm  
**Color:** Blue



## O'LIVE YOGA MAT

PVC mat free of toxic substances, it is ideal for Yoga workout. It provides optimal cushioning; it is non-slip, wear resistant, and easy to clean. Colour Blue.

**REF.:** CLO2700  
**Dimensions:** 61 x 0,3 x 172 cm  
**Color:** Blue



## O'LIVE FOLDING MATS COMPACT

Rack made of compact material suitable for storing Pilates or Yoga mats.

<b>REF.:</b>	<b>MU09000</b>	<b>MU09100</b>
<b>Dimensions:</b>	65 x 30 x 28 cm	68 x 120 x 60 cm
<b>Capacity:</b>	10 u	20 u



## O'LIVE YOGA BLOCK

Is recommended as an aid in achieving correct posture during exercise. It is manufactured in foam of optimal hardness.

<b>REF.:</b>	<b>PI13500</b>	<b>PI13600</b>
<b>Dimensions:</b>	15,5 x 7,5 x 23 cm	20,5 x 5 x 30,5 cm
<b>Color:</b>	Blue	Blue



## O'LIVE TONO BALL

Ideal for increasing the difficulty of the exercises in Pilates Matwork sessions, while helping to improve balance, coordination and flexibility.

<b>REF.:</b>	<b>BA09101</b>	<b>BA09102</b>	<b>BA09103</b>
<b>Dimensions:</b>	ø 9,5 cm	ø 9,5 cm	ø 11 cm
<b>Weight:</b>	0.5 kg	1 kg	1.5 kg
<b>Color:</b>	Purple	Blue	Grey



## O'LIVE PILATES BALL

The ball provides an unstable support for activating the deeper stabilizing muscles. Its texture is soft and velvety. Látex free.

<b>REF.:</b>	<b>BA09501</b>	<b>BA09502</b>	<b>BA09503</b>
<b>Dimensions:</b>	ø 15 cm	ø 22 cm	ø 26 cm
<b>Color:</b>	Purple	Blue	Grey



## O'LIVE PILATES COMPACT RACK

Rack made of compact material suitable for storage a variety of Pilates equipment. You can store up to 20 balls, 40 tono balls, 20 rings and 20 balance cushions or pads.

**REF.:** MU09300  
**Dimensions:** 87 x 170 x 60 cm





## O'LIVE YOGA WHEEL

Helps to stretch and gain greater flexibility in the whole body, especially in the back, shoulders and hip. It is made of ABS plastic, ensuring high rigidity and EVA cover for a soft touch and comfortable use.

REF.: **PI20200**  
Dimensions: ø 33 X 13 cm



## O'LIVE YOGA STRAP

The Strap is recommended as an aid in achieving correct posture during exercise. It is manufactured in cotton and it measures 2.45 meters. It includes a buckle for greater safety. Colour Blue.

REF.: **PI13700**  
Dimensions: 245 cm  
Color: Blue



## O'LIVE PILATES RING

Includes foam grips new texture, more comfortable and more hygienic for greater comfort on the inside and outside of the ring.

REF.: **PI13300**  
Dimensions: ø 38,5 cm



## O'LIVE STABILITY CUSHION

The Cushion provides balance and strength challenge while performing exercises standing, sitting, kneeling or lying down. With non-plastic texture (pleasant to touch), supports up to 155 kg.

REF.: **EN20200**  
Dimensions: ø 36 cm  
Color: Blue



## O'LIVE ELASTIC BAND

The elastic bands add resistance to any exercise. They are 15 cm wide and 250 cm length.

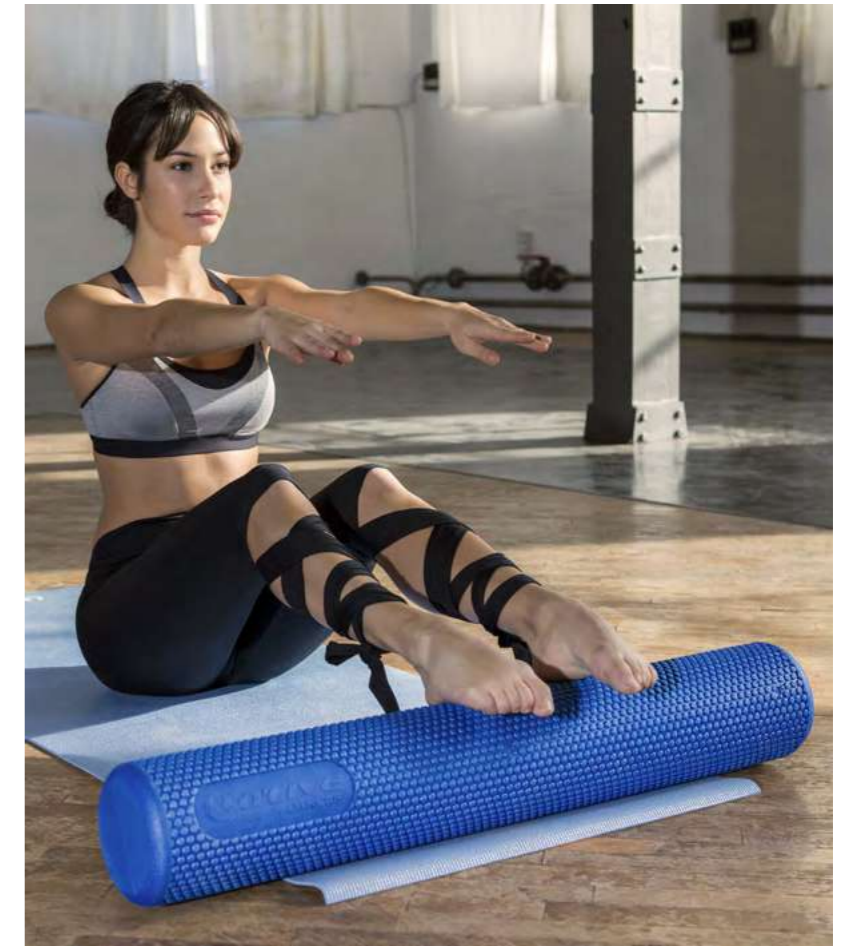
REF.:	EL13001	EL13002	EL13003	EL13004
Dimensions:	15 x 250 cm	15 x 250 cm	15 x 250 cm	15 x 250 cm
Intensity:	Light	Medium	Strong	Extra Strong
Color:	Yellow	Red	Green	Blue



## O'LIVE FOAM ROLLER

Foam roller manufactured in high density EVA (shore 30/35), a closed cell material with a textured surface that maintains shape even with heavy use. Ideal for Pilates and body mind sessions.

REF.: **EN49004**  
Dimensions: ø 14,5 x 91 cm



## O'LIVE HALF FOAM ROLLER

Half Foam roller manufactured in high density EVA (shore 30/35), a closed cell material with a textured surface that maintains shape even with heavy use. Ideal for Pilates and body mind sessions.

REF.: **EN50004**  
Dimensions: ø 7,5 x 91 cm



## O'LIVE SUPPORT CYLINDER FOAM

Support to allow foam roller tidy. Capacity for 5 units.

REF.: **EN11500**  
Dimensions: 20 x 8 x 97 cm



## O'LIVE FOAM ROLLER COMPACT RACK

Rack made of compact material suitable for storage of foam rollers between 91 and 101 cm long. It has a maximum capacity of up to 20 units.

REF.: **MU09200**  
Dimensions: 103 x 170 x 42 cm  
Capacity: 20 u

